



People Solutions Directory

Better Relationships
Higher Performance
Stellar Results

2021



People Solutions

Leadership, Team
Dynamic and People
Performance solutions

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People Solutions Team



George Stylianou - CEO

One fundamental question has intrigued George throughout a career spent working solely within service and sales orientated organisations; “What makes people behave the way they do?”. Together with colleague, Ian Washington-Smith he has developed a practical approach, focused on addressing workplace wellbeing in a way that ultimately drives productivity and performance.



Ian Washington-Smith - Director

Only after a 30 year career in policing management and having acquired new knowledge did I come to really understand how the optimum response to any given situation is consistently achieved. The Rego Approach unlocks the mind when we confuse symptoms with causes. George Stylianou and I developed this approach that distinguished between the two to create new much needed solutions to current challenges.



Bea Johnston - Commercial Project Delivery

A passionate researcher, project lead and established public speaker in the field of Behavioural Economics. Motivated to generate policy insights through reliable, peer-reviewed research and increase accessibility to non-expert audiences. Bea's expertise extends to tech, marketing and digital, where her coding languages and advanced statistics modelling allows her to anticipate industry trends.



Jodana Janse Van Vuuren - Business Delivery Co-ordinator

Having enjoyed a diverse career spanning acting and writing for theatre, sales and content creation for renowned brands and agencies, Jodana then spent a number of years working across the events and exhibitions world. Connecting all of this experience is her passion for developing new skills and using this knowledge to help businesses and people reach their full potential.

Note from Non-Executive Director



Simon Foster
Non-Executive Director

We are often told to “think clearly”, to “make clear decisions” and “facilitate positive cultural change”. In a people based business like events, the need for leaders and teams to do all of those and more is often the key to success. The Rego Approach© supports this and develops self-awareness, and helps you adapt and move to a place we call, ‘anticipation’. Adopting this new way of thinking makes you conscious of the ability to do what is effective, more consistently.

Overcoming the adverse effects of human thinking and behaviour still presents the main challenge to people and organisations in pursuit of increased efficiency and general performance, in “normal” times but even more so when they are more challenging.

To do that successfully you have to understand that your behaviour is merely a printout of your consistent thoughts, and we aim to help you understand and manage that. What we do is by no means therapeutic, it’s practical and is easy to understand, but most importantly, it’s easy to implement quickly in what you do.

Simply put, we promote clear thinking and consistent behaviour that creates increased performance and value for you, through cultural change.

A handwritten signature in black ink, appearing to read 'Simon Foster', with a stylized flourish at the end.



People Solutions

Rego supports individuals and organisations to develop new ways of thinking and behaving, ultimately empowering them to reach their potential.

In our opinion, there isn't an organisation anywhere in the world who wouldn't want to benefit from what we call, the Rego Approach®, namely to become more Aware, then to Adapt and as a result, learn how to Anticipate.

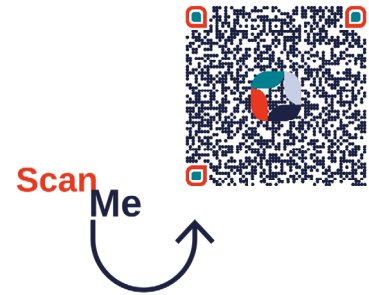
Delivered via a range of virtual and physical platforms, we design solutions that pro-actively address some of the most challenging issues facing people in the workplace today identified by Rego clients as top priorities in the public and private sectors in 2021.

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We believe people matter. We provide expert support, insight and a commitment to help people achieve results that lead to transformational growth. We pioneer progress with flexible resourcing and revolutionary solutions, with a consistent mindset to be people-focused and technology-driven.

Build a productive team and ensure frictionless relationships. Our practical solutions can be immediately implemented to proactively deal with the single most restricting challenge faced by any organisation. Improve communication and boost collaboration to unify teams with a shared goal.

High-pressure environments require a practical approach for employees to help manage stress and ensure optimum performance. We identify and address the root causes of stress-related underperformance. The Rego Approach® is a practical solution that empowers individuals, through flexible thinking to dramatically improve productivity with lasting results.



ORGANISATIONAL	DEVELOPMENT PROGRAMMES	WORKPLACE WELLBEING
Working from Home	Corporate Ethics, Diversity and Inclusion	Team Motivation
Consultancy	Board Development	Stress Prevention & Resilience
Employee Resilience	Executive Coaching	Burn Out Support
Pro-Active Services	Leadership and Management	Adversity Management
Organisation Culture Issues: Identification & Support for Teams	Team Performance Solutions	Proactive Mental Health Intervention
Identification & Support for Individuals	Thought Leadership	Improved Communication



Rego Approach© Products

Workplace Wellbeing

The correlation between a positive and empowered employee and the delivery of consistently high levels of performance and productivity is indisputable.

Employee Engagement is certainly not a new concept. However, the manner in which we actively engage with employees, especially when they're working from home, has to take on a new perspective, if we are to fully acknowledge that Mental Health and Physical Health are intrinsically connected.

With preparations in place to make at least a phased return to the workplace, emerging from this remote working cycle will bring its own challenges.

Our workplace Wellbeing products focus on:

- Unconscious bias
- Imposter Syndrome
- Work-Life Balance and Stress Management
- Risk Adversity and Perception/Mindset - Re-set
- Anticipating and Overcoming Burnout
- Preventing Presenteeism, Leavism and Absenteeism
- Perseverance and High Performance.

Service and Sales

The commercial landscape has changed dramatically in the last few years. Hard souless selling is ineffective, and leaves customers cold. Relationship building is more important than ever, clients are looking for partners who will support and enhance their business.

Our sales products focus upon

- Tailoring your approach to individual clients
- Creating trust through empathy
- The art of active listening
- Negotiating and Influencing
- Maintaining relationships post sale
- Setting clear goals and improving ROI

Productivity and Performance

By building an awareness of individuals diverse behavioural comfort zones, you can learn both to anticipate how individuals will react, as well as adapt to draw on their behavioural strengths. This awareness can enlighten you to build frictionless relationships, identifying causes of inflated behaviour that typically lead to conflict. This understanding is key for productivity within organisations and getting the most out of your team and colleagues. Productivity can also be increased through aligning goals and working in a considered, purpose-led approach. By maintaining this self-authenticity, you can ensure you see benefits in all the projects you work on, whilst building sustainable productivity and managing your time efficiently.

Our productivity and performance products focus on:

- Mental flexibility
- Conflict management
- Mindset freedom
- Developing a purpose-driven attitude
- The four domains of time management



Cultural Change

Accepting that the world, like the seasons, inevitably changes can be hard something that's challenging to accept, especially if find comfort in 'habit' and familiarity. Being able to adapt and change your mindset, compliments the nature of business.

Change can be regarded as negative, unnecessary or scary. We help individuals and organisations to embrace and develop an adaptable business culture, both within the organisation and ultimately, for the benefit of your clients.

Diversity without Inclusion is counterproductive and must be regarded counter-intuitive. The way in which you recruit and retain your teams can mean the difference between thriving and surviving.

Drawing on existing skills, attitudes and productive behaviours can positively affect the way you bring people on board, build your brand and motivate from within. We help to ensure your existing people champion and empathise with your company culture and seek out the right people to continue bringing positive momentum.

Our Cultural Change products focus on:

- Dynamic Change Management
- Cultural Values and building your brand
- Diversity and Inclusion
- Team Mapping, Group and Individual Dynamics
- Recruitment and onboarding

Leadership

True effective and authentic leadership requires leading through your people, adopting a person-centric leadership style. Through understanding the connection between delegation and psychological empowerment, you can build a culture of opportunities for those that you lead, with a safe space for mistakes and growth. Being purpose-led and driven by a shared mission, you can maximise the potential of those around you.

Your leadership can be furthered by understanding key concepts in communication, stressing the importance of constructive feedback, and having tough conversations. Mastering these concepts allows you to build on your credibility as a leader, achieve the results you set out to, and empower those around you.

Our Leadership products focus on:

- Building productive teams
- Frictionless relationships
- Psychological empowerment through delegation
- Board & C-Suite development
- Servant Leadership
- Transformational and contemporary leadership



Rego Products Catalogue

Rego delivers innovative solutions for the public and private sector for all live, hybrid, virtual events and exhibitions. Our cross-industry experts supply invaluable skills to individuals, teams and organisations.

Our team supports and leads on sales; event logistics; educational programmes and digital conceptions.

- 12 Please contact us to arrange a discovery meeting where we can discuss your requirements.

Contact

info@theregogroup.com

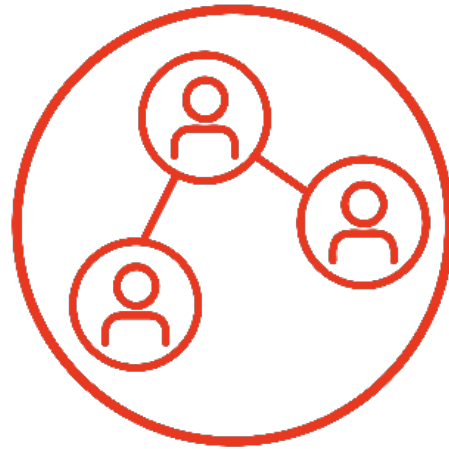
Team fully trained with Rego Approach and COVID-19 Awareness trained.
Legacy of industry success and experience over 25 years.





Virtual Solutions

Concierge, Moderators, Personal Assistants, Presenters and Tech Support.



Staffing Solutions

Expert Sales Personnel, Event Managers, Hosts and Teams.



People Solutions

Leadership, Team Dynamic and People Performance solutions.



Tech Solutions

Instant Data Capture, Resource Management and Logistics.